

Certificate: Parent and Family Education

Certificate Description:

Completion of this certificate will enable students to obtain a professional certification through the National Council on Family Relations (NCFR). These students will be able to apply to become certified family life educators (CFLE). This professional certification is expected to make students more attractive candidates as prospective employees, family life entrepreneurs, interns, and as applicants to graduate school. This certificate is designed for students who desire to improve their effectiveness in teaching principles of healthy family functioning. Students who complete this certificate will demonstrate effective teachings and research skills. This certificate is developed and granted by BYU-Idaho.

Course Code	Course Name	15 Credits
FAML 200	Marriage Preparation	2 Credits
FAML 430	Family & Community Relationships	3 Credits
FAML 445	Practicum	4 Credits
PSYCH 302	Research Methods	3 Credits
MATH 221C	Statistics	3 Credits

Course Descriptions:

FAML 200 (2 credits) – Marriage Preparation

This course highlights skills, attitudes, behaviors, and principles needed to prepare oneself for a strong marriage and to wisely select a marriage partner. Preparation for marriage is also emphasized by focusing on healthy practices related to dating, courtship, engagement, and the transition following marriage.

FAML 430 (3 credits) – Family and Community Relationships

This course consists of ecological and gospel perspectives on providing family-focused prevention and intervention services and support to diverse families. Emphasis will be on communicating with families, empowering parents, developing family and professional partnerships, interagency collaboration, as well as accessing and linking families and community resources.

FAML 445 (4 credits) - Family Practicum

This course will give students practical experience by having them prepare the curriculum needed to teach a workshop or seminar on some aspect of family life. After preparing the curriculum, students will market the program, conduct the workshop, and evaluate the effectiveness of the education. A strong emphasis will be placed on how to teach effectively in group settings.

PSYCH 302 (3 credits) – Research Methods

This course explores the basic principles of conducting research in psychology. Some of the topics include, but are not limited to: research design, data collection, analysis, reporting results, and ethics of doing research. This course should be completed by the beginning of junior year.

MATH 221C (3 credits) - Statistics

In this course students will study graphical representation of data, measures of center and spread, elementary probability, sampling distributions, correlation and regression, statistical inference involving means, proportions, and contingency tables.

Outcomes:

- Demonstrate effective teaching skills pertaining to family life education.
- Demonstrate an understanding of how to conduct basic research in marriage and family studies.

Potential Employment:

- Typically, additional certificates or degrees could be required in this field before jobs could be expected.
- In the United States entry level, support positions in parent education.